

Cheesy Chicken & Rice Casserole

1 can condensed cream of chicken soup 2 cups fresh or frozen vegetables
1 1/3 cups water 1/2 tsp. onion powder
3/4 cup uncooked regular long grain white rice 4 skinless, boneless chicken breast halves

Directions:

1. Stir the soup, water, rice, vegetables & onion powder in a 12 x 8" shallow baking dish.
2. Top with chicken, season chicken as desired. Cover
3. Bake at 375°F for 45 min. or until done. Top with cheese.

Tip:

Italian: In place of onion powder, use 1 tsp Italian seasoning. Substitute 1/3 cup shredded Parmesan for Cheddar.

Mexican: In place of onion powder, use 1 tsp. chili powder. Substitute Mexican cheese blend for Cheddar.



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Beefy Pasta Skillet

1 lb ground beef 1 tbsp worcestershire sauce
1 medium onion, chopped 1/2 cup shredded Cheddar cheese
1 can condensed tomato soup 1 cups cooked corkscrew OR elbow pasta
1/4 cup water

Directions:

Cook beef and onion in skillet until browned. Pour off fat. Add soup, water, worcestershire, cheese and pasta and heat through.



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